SPACE-CAFADA WORKBOOK

Name:

What is this workbook for?

Welcome to the first Cafada-SPACE workshop, thank you for agreeing to participate!

Your contributions in the six workshops will be very helpful to our research.

This workbook is for you to jot down thoughts and ideas that come to mind as we go through the workshop activities.

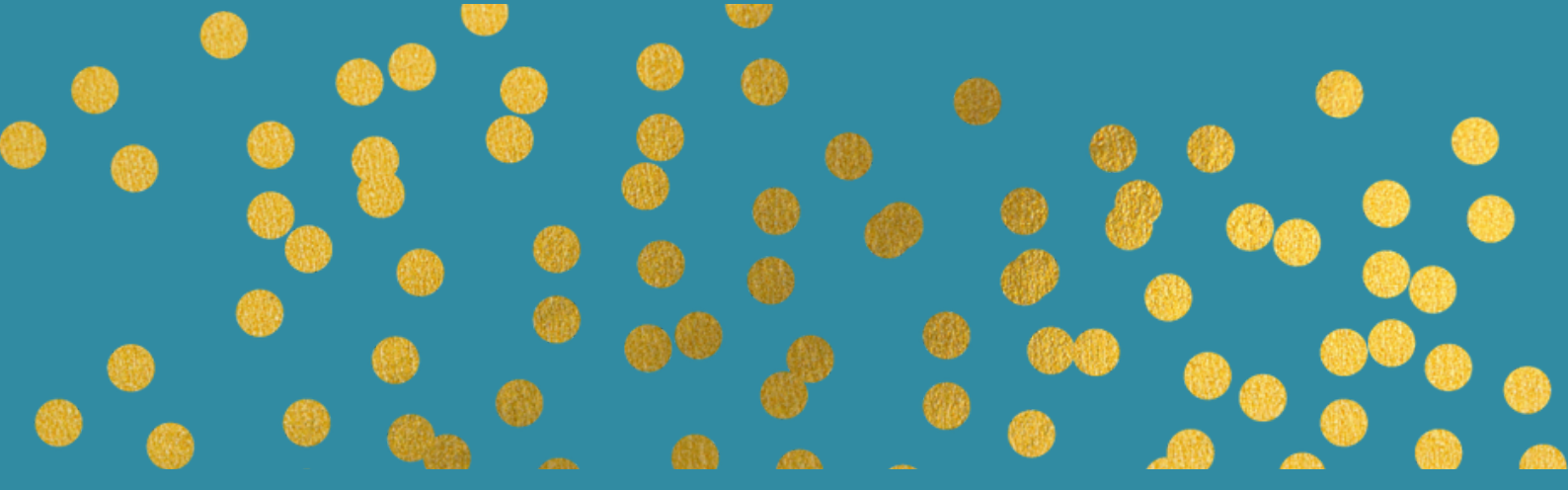
The workbooks will be stored securely at SPACE, and then given to the research team at the end of our work together. Researchers will scan the workbooks and will anonymise the scans, uploading them onto the Cafada project secure server. We may use some of the things you've written in your workbook in our research, and may include in our reports and publications. We will never include your name or anything else that could identify you though, and so no one will know it came from you.

Please only write down thoughts and ideas in this workbook that you're happy with us including in our research. You can use your blank notebook to jot down anything you don't want us to include in the research. Please fill out the box below to say that you understand and agree with this.

I understand and agree to how this workbook will be used in the Cafada research project:

Name: Date:

Signature:



If you would like help during the workshops

- ✓ You can talk to the researchers or the SPACE staff

Please remember

- ✓ There are no wrong or right answers.
- ✓ Write as much or as little as you want

Session 1: Introduction

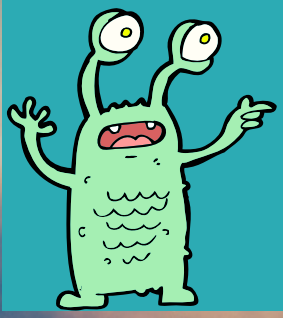
What do you think some of the ground rules and rights of our group should be?

What are your hopes for our work together?

The group has decided to create a music and spoken word piece. Who is it important to share it with afterwards? Who needs to know what you have to say?

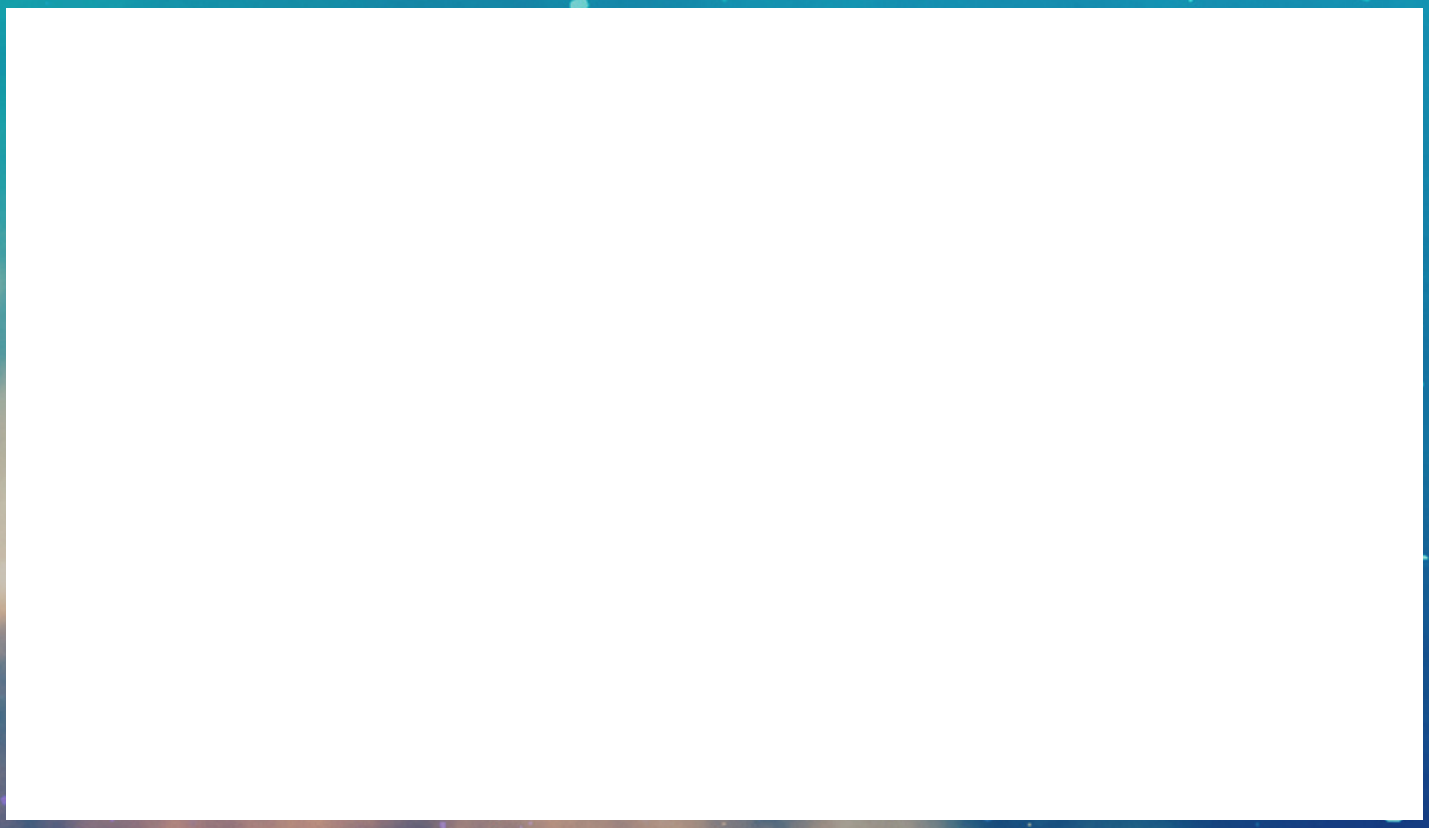
Session 2: Reflections of SPACE

If an alien took a wrong turn and inadvertently found its way to SPACE (in Bedford, not space, space!) what might it make of SPACE?



What might his experiences be?

Session 2: Reflections of SPACE - Postcard Activity



Session 2: Reflections of SPACE - Postcard Activity

Session 2: Reflections of SPACE

Ideas, thoughts, words and phrases from today's session you would like to include in the spoken word piece:

Session 2: Notes

Session 3: Top & Swap

What are your top 3 photos and why?

Which is your favourite of the 3 photos? What are the words, colours, and phrases that come to mind when you look at it?

Swap one of your photos with one someone else in the group took. What words, colours, phrases come to mind when you look at your new photo?

Session 3: Thoughts on Photos

Using the words, colours and phrases you've just thought of, draft a short poem/few sentences about each photo:

Session 3: Service Engagement

Meet siblings Meg and Pete. Draw their house with windows. Zoom in and describe what you see. Who are Meg and Pete? What are they like? What are their family and friends like?

Session 3: Service Engagement

When domestic abuse (or fighting and hurting) happens in families, who is there to help Meg and Pete?

How could they help?

Session 3: Service Engagement

Ideas, thoughts, words and phrases from today's session you would like to include in the spoken word piece:

Session 3: Notes

Session 4: Thoughts on Photos

What thoughts or words come to mind as you look at the photos members of the group have taken?

Session 4: Important elements for intervention

Lighthouse Activity

Session 4: Important elements for intervention

Lighthouse Activity

Session 4: Important elements for intervention

What does an ideal domestic abuse service for children & young people look like?

Session 4: Important elements for intervention

How would an ideal service help young people to recover from hurting and fighting in families?

What would the ideal service involve? e.g., would it involve the children talking about their experiences? Would it involve them having fun with friends? or something else?

Session 4: Important elements for intervention

Ideas, thoughts, words and phrases from today's session you would like to include in the spoken word piece:

Session 4: Notes

Session 5: Finalising the spoken word piece

What are your thoughts about the spoken word piece?

Is there anything you'd like to change about it?

Session 5: The Backing Track

What mood or atmosphere would you like the percussive backing track to have?

What instruments would you like to be used?

Session 5: The Backing Track

What mood or atmosphere would you like the DJ Mixing backing track to have?

What types of sounds or instruments would you like to be included?

Session 5: The Backing Track

Jot down any ideas, thoughts, words and phrases you have about today's session:

Session 5: Notes

CAFADA

Developing the evidence base for innovation in social care for children & families affected by domestic abuse

UKRI Economic and Social Research Council

UNIVERSITY of STIRLING