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### CAFADA Reflective Learning Journal

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| **Researcher name:** |
| **Activity that is being reflected on:** |
| **Date of activity:** |
| **Date of reflection:** |

I consent to the information captured in this Reflective Learning Journal and/or the audio recording of my reflections to be included as Research Data in the CAFADA project[[1]](#footnote-1).

[ ]  Yes

[ ]  No

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| Please describe the activity, where it happened, who was involved, and why |
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| What went well, and why? |
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| What didn’t go well, and why? |
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| What would you do differently next time, and why? |
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| What resources or support would you need to make these improvements, and why? |
| Here are some suggestions of things your reflection could include:* Additional researchers to help lead the activity
* Additional service practitioners to help facilitate
* Childcare costs
* Travel costs
* More pre-activity preparation/lead-in
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| Please record any reflections on Measures that were used or discussed here. |
| For example, if you used any Measures in this activity, please reflect on:* What went well
* What did not go well
* What you think you could do differently next time
* What changes you think would be helpful

Additionally, you might not have used any Measures directly in this activity, but someone might have talked about the Measures with you (either a practitioner that did administer the Measure, or a participant that completed a Measure). Please record here any feedback that they gave on the Measure and any positive or negative features of the Measure that they highlighted. |
| Do you have any other reflections that you would like to share?  |
| Please consider sharing:* How you felt during the session
* If there were any outside influences that had an impact on the session
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1. For a reminder of how your data will be used, please see the Participant Information Sheet and Privacy Notice in the CAFADA SharePoint here. [↑](#footnote-ref-1)